

SAKTHI FOUNDATION - Uni5 EDUCATION

Topic: What is spirituality? - Part 1

[Translated and edited version of Mahakavi Bharathiyar's articles which were published in INDIA newspaper]



We have been blessed to translate the essay of Mahakavi about Vedic philosophy. We feel the modern generation must be aware about various spiritual concepts. So the whole essay has been transformed into small question answer type like a young modern man questioning our great poet. *[These are the concepts of Uni5 Education by Sakthi foundation following Kabilacharyar, which is being developed now and getting implemented in our Sakthi schools and CAC centers]*

What is Vedic abuse?

Hinduism is also making us to worship all Gods and Goddesses as one. It is the Bhramam - Ultimate truth. It is very important for our dedication and devotion of mind to focus in oneness of all. But there is no harm in worshipping various deities. There is no harm to be a Shaivite or Vaishnavite. But it is very dangerous and harmful when we abuse other deities. Abusing others and other deities is called "VEDIC ABUSE". It is very sad to see north Indians fighting as 2 schools of cults called RAMA and KRISHNA. They are the mere symbol of idiotism.

[Dr.Pardheep Challiyil is very much focusing about this particular concept and taking several measures to change fanatic religious people]

Why there are various deities?

Today we can see several temples under peepal trees for Bhrama Deva as Vinagaya shrines.

Vedas say that Vinayaga got worshipped first before the wedding ceremony of Shiva and Parvathy.

Vedas classify fire - Agni as 2 energies. One energy is **Skanda - Murugan** and energy is **Deva Guru**.

Agni is known as Rudra's son. So Agni is Rudra.

Deva Guru is the energy of "positive thoughts and verbalisation" [உயர்ந்த வாக்கு, நல் வாக்கு]

He is also named as "**Bhramanaspthy**" and "**Gananadhan**". So Hindus worship this energy first and foremost.

Deities which have been well described in all 4 Vedas are the various expressions and energy patterns of one truth called Bhramam. Hindus must not forget this!

When people of Sanadhana Dharma realize this concept and try to practice they can be liberated from Kali yugam which is nothing but their ignorance. By this we all can be one.

I also quote **Saint Namalwar's** words which support this. "ஓக்கத் தொழுகிறீராயின், கலியுகம் ஒன்றும் இல்லை!"

Priests must convey the Vedic truth openly to the people and make them aware about this.

Common but fresh question - Why we need to go to temple?

"When Vedas say that God is omnipresent then why we need to install him as an idol in stone or metal in a place called temple ?" Yes the question is correct! But today I will say it is for the communal gathering, unity, feeling oneness in all. When we say that God is in an idol then we must also accept he is inside us and every one. So we must respect all. Temples are here to encourage the unity within a town or village. In temples minds of all devotees will be focused towards one energy, by which they will understand the truth within them is the same. Idol worship within a home enriches the family unity.

Idols in temples has to be respected - why?

Idols in temples are not just granites. They vibrate according to the approach of the priests. If priests are not dedicated in their rituals and devotion through mind they will be just like a pulley in our public well.

What is the objective of Vedas?

The primordial truth which is in the form of whole universe, which is infinite, is the energy as light of wisdom prevails within one and all says Vedas. We must realize this truth. One who has realized this and started viewing his life as one in all has really opened up with his eye of wisdom! We must try to inter connect us with the external world and that within us. Vedas are helping us to realize the external universe within us and feel oneness in all.

Advaitam or Uni5 in words of Mahakavi, [Definition for God]

" The truth - atman within you is the same of Earth's.

You, I, crocodile, turtle, flies, eagles and ass all are same. All are same truth!

That truth is God!

Who are women?

All men must realize that the various female characters in their family are various expressions of female energy called Sakthi! Our mother, sisters, wife, daughters all are Goddesses. But women are not aware about it. Devi is our women in various relations. We must make them to shine with glories!

All men are the expressions of Gods. Our father, brothers, sons, all men relations around you are male energy patterns of God. Like women we must be also aware about the inner truth - atman.

**You are Shiva; your beloved wife is Sakthi!
You are Vishnu; your beloved wife is Laxmi!
You are Bhrama, Your beloved wife is Saraswathi!**

So please try to transform from the beast stage! Temples and deities are helping us to understand this concept and transform our self!

But priests are against this concept and refuse to say this to us! But priests want people to be their slaves! They are acting as Gods giving boons.

I cannot go to a temple...

It is all right that if cannot go to the temple. But please do not cheat others; you will get the blessings of Gods. If anyone is practicing this he will be the God himself. He will be the every being on this Earth. Do not cheat others; follow the truth which is the greatest Dharma. That will make you God.

What is surrender?

"I have born on this Earth, let everything happens according to God's wish!" This must be the true life of us on this Earth like a log floating in a river. He will be attaining the divinity in his life!

When kaliyuga will end?

As long as we cheat all the poor creatures and strengthless beings Kaliyuga will continue! One who follows truth, drama and ahimsa will enter into Kritha Yuga immediately! If one man on this Earth try to follow the truth, then all will follow him. I am sure that Sathya Yuga has started shining upon us!

What has be nourished in our mind?

Our mind must be nourished with courage, strength, wisdom of light, energy, unconditional love for all, devotion, dedication which all alone generate good thoughts.

What is meditation?

Meditation is very powerful. By meditating man can transform into what he wish. Every second our mind is filled with thoughts. But they cannot be meditation. Meditation is the fire of wisdom which will burn all the worries of the mind like a flame burning a dry bush! It is the powerful desire of mind! **The most valuable desire or noble desire is known as meditation!** By lighting this flame in our mind we can transform this whole society! Our mind naturally has the power to differentiate the good and bad. So we must practice that.

What is energy?

When we say our soul is the feel, energy is the action.

The whole universe is under constant action. Desire - knowing - implementing are the 3 forms of energy which is controlling this universe. These are known as Icha - Kriya and Gnana sakthi is our Vedic science.

OM SAKTHI!