



SAKTHI FOUNDATION - Uni5 EDUCATION

SAL ENERGY CONCEPT [We request the readers to be thorough about the concept SAL ENERGY]

This article can be used as an important chapter before any creative writings by us.

I am writing this article to make everyone to be aware about our SAL ENERGY and SOCIAL RESPONSIBILITY.

Can you explain about SAL ENERGY?

This is September. We are planning our budget for our family. We are living all across this month with some money which we got as our monthly income from our office or business. This income has been given to us for the work which we have done in August. We cannot expect the office to pay for September now itself. We are much aware about our actions, work, and leave in our office which may affect our salary.

Connect the same pattern to **SAL ENERGY**. The life which we live on this Earth is the salary given for previous birth by the laws of nature. SAL ENERGY is known as "**SELF AWARENESS ENERGY**".

Can you explain the energy levels?

We need this energy in 8 forms - food, wealth to live, education - arts, mental - physical health, effort and work, success, family life and awareness to handle all these. **These 8 forms of energy can either be created or be destroyed. They can get transformed from one to another.**

example: Cash is the energy which is being transformed to a shirt.

Can SAL ENERGY be created?

No! But it has to be refilled within us from the cosmic patterns through our various actions which must be positive and selfless. Whenever we are making use of this energy and transforming the energy, we have to balance that. Imagine Rs.200 has been spending for getting a shirt. You have to refill your pocket with the same amount.

How SAL ENERGY is being balance?

Every thought and action involves this energy transformation. For all selfless thoughts and actions the

energy which has been transformed can be balanced immediately. It is very hard to balance the loss of negative energy by negative and destructive work.

Can you list out the negative energies which can totally reduce the SAL ENERGY?

They are known as "shat pagai" - 6 forms of enemies within us. They are: desire for everything, greediness, anger, miserliness, gossiping, selfishness. [Shatru [enemy] samhara ritual has been performed in Keral temples to remove our own enemies]

How to balance the SAL ENERGY?

Positive thoughts and actions, devotion to God with awareness, correcting our mistakes, selfless service in any form.

Does every one require this energy?

Sure! Every man on this earth needs this. Mahathams, Siddars, Gnanaies, wise men and all of us need this.

Why we must not waste this energy?

Answer is very simple. It is like spending your pocket money for all that you like and one day there will not be any money for an emergency.

How yogies, siddars use this?

They are much aware about this and never spend the energy for materialistic needs. They use this more for the spiritual gains. To depict this we can see wisdom and wealth [Vani - Rama] is being the maids for Parvathy - awareness.

Why we must not waste this energy for materialistic needs?

There is no harm in that. But this energy is like the fuel in your car. To reach a place, imagine that you need 10 liters of fuel. You have that in your car. Imagine that your friend is sick. Then you have to take him to the hospital. By this the car loses some of its fuel and again you need to refill that amount. Like the same way SAL ENERGY is actually there for us as the fuel to reach the source called consciousness. If we use that energy for all our materialistic needs we need to balance again and again. So yogies, devotees, siddars, Mahans have understood this concept and never compromise in spending the energy for their self. But they are spending the same energy for the welfare of the world.

Why we need to talk about SAL ENERGY in Bharathiyar's life?

We have to talk!

He was the one who has understood this concept very well. He has been selfless in his life facing all his tough times. He was much concerned about national freedom and self-liberation.

Why he suffered?

He accepted the sufferings. He did not waste his SAL ENERGY even in making money to care his family. He was very stubborn in that. This awareness about SAL ENERGY made him to surrender to the so called truth - God. That has cared him till the end.

He has increased his SAL ACCOUNT just by selfless love, serving the nation, devotion with true acceptance, being conscious about the truth.

It may look that he was irresponsible in many contexts. But he was well aware about his SAL. But there is no doubt he too had self-conflicts about spending his SAL ENERGY. The articles which we are presenting to you will show his struggle and conflicts to increase his SAL.

Once you are very thorough about the SAL, we cannot blame any great soul like Bharathiyar, Gandhi, Jesus for being ignorant about the materialistic life like others.

Why you have chosen Bharathiyar as a syllabus for SAL ENERGY concept?

We feel in this 19th century he was the only man who has understood very clearly about his SAL. He has touched the abyss of all worries, challenges, and tough times of human birth. But he has never been compromised in spending the SAL ENERGY. He was the poet who saved his friend's mango grove from the cyclone with his SAL. He could have easily exchanged his SAL to live a comfortable life. But he wanted self-liberation. So he was even ready to reduce his life time. He died when he was just 39 years. So every incident in his short life can be the best example for SAL CONCEPT.

Do you think that Bharathiyar had very low SAL ENERGY?

No! He came to Earth through his birth with huge amount of his SAL. But he must have made a wish - snagalpam that he must not waste his SAL and must liberate from the birth cycle. For that he has to undergo such sufferings. **Even though you are very rich when you want to go to Mount Kailash, you need to sacrifice and face all tough times with your body comforts. Otherwise it is better to dream about that darshan. One rich man from Singapore joined in Kailsh trekking. But he dropped his journey on his way because he could not compromise with open toilets, food and other body comforts.**

Finally what you convey us?

Be aware about your SAL balance. There is no good - wrong in living how we wish. But be aware about your SAL account. Try to understand people like Bharathiyar who have lived a selfless life to liberate themself and others.

Om Sakthi!

Madras, September, 4th, 2012