

SAKTHI FOUNDATION - Uni5 CAC
Uni5 RAMAYANAM - 7. Legend of Sowdasa

Rakshasa - demon - asura is not an animated figure in any legend. It is the nature of the man who tries to enjoy all pleasures in any way. People who never like to follow good narrow honest ways to attain pleasures are remarked as "rakshasa". When we are listening to our self-ego we are demons.

When Sowdasa a great man, good man with noble qualities accepted Gowthama Maharishi as his tutor he was blessed with all great virtues and lessons about spirituality.

On a Shivarathry night he was totally involved in performing poojas to Lord Shiva at his home. There came his tutor to attend the rituals and also to bless him. Sowdasa knew that he has arrived but he was not prepared mentally to give a warm welcome to Gowthama. He justified that he has been totally performing the rituals.

His mind said that his tutor knew about that and he just continued his poojas. Gowthama understood his mind and smiled at him. Later he also left his home. But Sowdasa's mind has been disconnected from Shiva - awareness and got into the hands of "ego". His mind started wandering with ego that he knew everything in life and started behaving very odd. This is called the demon inside us.

Sowdasa's intellect advised him that he has lost his SAL Energy by self-boasting and being a demon in thinking. So he again tried his best to reconnect himself with the awareness.

After some time when he met Sri Karkar [one who named Lord Krishna] from Kalinga desa, he accepted him as his tutor and asked him to give the lessons of awareness. Karka took him to Kashi and performed poojas to Lord Viswanatha and initiated him with SriRama mantra. This mantra chanting made Sowdasa to get into awareness and realized his mistakes and he also corrected them. He also listened to the legend of SriRama from Karka.

From that he understood that continues practice of spirituality especially through regular satsang [association of spiritual people] will cleanse our mind and thoughts. He also understood the greatness of Ramayana. From that he understood how SriRama has overcome many tasks and shed his self-ego.

One who is always associated with satsanga and merged into Rama - the awareness will never commit sins.

Sri Rama Jeyam!