

SAKTHI FOUNDATION - CAC

Uni5 RAMAYANAM - 11. What makes a man to become a poet?

- * Valmeeke was taking bath with his disciples in Ganga.
- * He was enquiring within his mind about man's nature. This enquiry nature of mind is called "Naradha"
- * After that he left to Thamasa river bank.
- * He was attracted with the clean environment of the nature around the river and that reflected his mind's nature which is calm and peaceful.
- * He meditated upon the self and started going deep into the thinking about nature of man. He was associated by his disciple Barathwajar.
- * He concentrated in focusing in his mind's waves of thoughts towards the truth.
- * He also changed his garments according to the acetic nature and started walking and exploring the natural environment.
- * On his natural expedition he saw two birds engaged in romance with selfless love.
- * There came an arrow from a hunter's bow which killed the male bird.
- * The female bird suffered because of the hunter's action.
- * This made him to realize the nature of the soul which has been disconnected from the consciousness called "truth" - paramathma.
- * The nature of soul separated from the consciousness gets into the birth-death cycle and suffers a lot.
- * The separation of birds by the arrow called "self-ego" makes the suffering.
- * This natural event made Valmeki to think much about the nature of the soul.
- * Death of the male bird is not the real death; it is the disconnected state of consciousness.
- * So the saint wished to convey this great truth to the society.
- * He started researching about the great human characters that lived and realized the truth.
- * He understood the history of King Rama and queen Sitha of Ayodhya.
- * Their life is reflecting the lessons of spirituality and truth.
- * So Valmeki got the initiation through this natural tragedy of birds and started collecting all required information about the king and started composing his great epic - SriMath Ramayanam.
- * Through historical research we came to know that before Valmeki there were many poetic versions

and local folk forms of Ramayanam.

* Any incident in human life can change the nature of mind. If it is positive then it is always good.

SriRama Jeyam!