



**SAKTHI FOUNDATION - ABN Drugs Private Ltd
[Mumbai]
Uni5 CAC EYE OPENING SESSION FOR
PHYSICIANS IN CHENNAI CITY**

Date: 8.2.2013, Venue: Greams Durg, Greams road,
Chennai, Time: 4 - 6 P.M

Number of Doctors attended: 6

Number of public audience: 20

Program conducted by: Dr.M.Madeswaran

Sponsored by: ABN Drugs.

Members on the dais: Mr.Arulbalaji - Managing director and Mr.Manikavasagam - HR Department of ABN Drugs

Objective of the session: To initiate the awareness among doctors about another phase of life with spirituality.

Agenda: Prayer song: A.Rakshita and A.Harshavardhini

Lightening the sacred lamp of wisdom by senior citizens of the session

Welcome address: Mr.Manikavasagam.

Initiation address: Dr.Madeswaran.M

Skill expression session: [art, floral designing, craft, paper folding, classical and melodious music, essay writing, speech: If I am the minister of health of this nation...] - 1 hour has been given.

Skills exhibited by the doctors: 1 essay writing, 1 speech, 3 floral designing, 1 wished to sing but the doctor left because of an emergency case.

Distribution of snacks

Skills were shown to the audience and doctors spoke about their feelings

Feedback session

Concluding talk [**Senthil nathan who has colored the drawings for ABN calendar was honored, Dhanvandri photo with a sheet talking about Sakthi foundation's projects were given to doctors**]

National anthem

Minutes of the session by doctors:

All of them were women. It is nice to initiate the awareness through them as Bharathiyar says, "give all goods to our women, they are spirit of the life, family and nation"



1. We need more awareness about hygiene in villages. That has to be implemented through schools.
2. Government officials must be much more aware and dedicated to the village hospitals.
3. Drugs have to be supplied properly in all GH.
4. Villages need good transportation for the doctors and patients.
5. Doctors have the power of service at any context even without basic equipment.

6. People must be more aware about health, contagious illness and still many vitamins has to be supplied for village children through schools.

7. Toilet facilities in villages must be brought into awareness.

8. Maintaining the city and villages clean has to be firmly implemented through harsh measures like abroad nations.

9. Doctors must stand against many silly advertisements which make children to abuse food.

10. Doctors must really think about the underprivileged citizens who cannot afford to high level treatment.

11. We thank a senior lady doctor who has totally served only in villages of Vilupuram and Nilgris districts.

12. One among them has listen out all the 16 required wealth for a man whom has to be attained by work and health. **In this context we explained why floral designing are implemented in our day to day life for women in connection with uterus and pregnancy.**

Testimonials:

1. We are experiencing a different form of conference for past 2 hours which makes us to relax, think for our self beyond the profession and stress of time."

2. I like to listen more about spirituality through Uni5 sessions.

3. This project has to be taken further. Doctors will be benefited!

4. It is different; it is stress releasing session apart from my regular work at hospitals.

5. We appreciate the calendar work through ABN Drugs and Sakthi trust which attracts my patients.

Initiation talk by Dr.M.Madeswaran

" This is the only nation which has admired the supreme truth which has manifested as 3 great energies of selfless service to man. They are teachers, doctors and farmers. The great sacred Vaishna saint Kulashekara Alwar [7 A.D] says, "I must always dedicated to you like the patient



from spirituality - explained]

dedicated to his doctor who has done a painful surgery to him to save his life"

The tradition and culture of Bharath nation has contributed much to the medicine through AyurVedha and Siddha. We are very first one who has spoken the fact of body-mind and health which has been accepted now by West.

Charaka, Vagbhatta were the 2 great ancient doctors who have contributed much to the man kind. They insist the doctors to treat along with spirituality. [Religion is different

Mahathma Gandhiji's staunch talks and practices with spiritual practices and healing have to be implemented by the modern Indian doctors. This is not fun or blind belief. When we all understand the concept of "energy" we can see the truth behind his talks.

The power of healing through drugs, compassion increases when we add a drop of spiritual science to the patients. The ancient masters of spiritual science have installed many such energy sources in our temples.

SriMushnam BhooVaraha Moorthy [gastrointestinal problems]

Chotranikara Bahavathy Devi [all neuro - mental illness]

Samayapuram [skin diseases]

Palani Murugan [the biggest medically designed idol]

Thiruvallur Veerarahavan is known as "Vaidhya Rahavan"

Thiruvanmeyoor Marundeeshwarar - energy to make the medicines work

Trichy Thayumaanava Swamy for normal delivery

Garbarakshambika of Thirukarukaavoor for child birth

Vaideeshwara in Pulerukku Vaeloor

Mary of Velankanni

Nahoor Dargah

are few such energy spots in this nation where our ancient vaidhyas [doctors] concentrated the healing power through regular prayers which is being insisted again by father of this nation.

When you add this spiritual drug to your chemical drug there you are serving with more awareness and making your profession very divine.

People always see and accept what the educated community perform. You have been highly respected as "devatas" by society who saves the life. Get the enough fees - dakshina [energy transfer] and do not offer them anything free. Treat them according to their money back up. When you say a truth, people listen to it.



Circumbulating the sacred mount at Thiruvanna malai has been initiated by the well-known film star Rajinikanth and great music director Ilayaraj. Like this when you say few things about spiritual truth along with healing people gain soon.

Valmeeki Ramayanam has imbibed many secret coding about various illness and cure. So our forefathers were particular about reading that epic at homes. [Kidney problems was discussed in connection to Ramayanam]

This is the message through us from Gandhiji to the doctors of this nation. The doctors have to realize the power within them as the medical knowledge is that truth. This truth has to be improved not only through your regular preparation with reading and research but also with the prayers towards the truth. Try to serve to your maid's sons and people who are really in need of help.

Let us all carry this message and meet again."

- Special thanks to members of BN Drugs who are working about this project with their doctors.

Chennai
9.2.2013