



## **Sakthi foundation**

### **Uni5 CAC - Do not hurt others with words**

*"A wound due to a burnt will disappear, but not the scar created by abusive words."* - Thirukural - 2 A.D

#### **Sitha's abusive talk towards Laxmana when he refused to go in search of Rama.**

Sitha spoke as follows,

" I request you to go and see what has happened to Rama.

I have heard his screaming which shows that he is in some trouble. From that moment my mind and spirit of life is not here, they wander around him.

He is like the cows and bulls surrounded by brave lions in a jungle. He is shouting for help. Please go and rescue him.

You are behaving like an enemy who pretends to be friendly.

*You like to attain me and so you are keeping quiet. You are not prepared to save your brother.*

*You have a desire for me.* So you are not going in search of your brother. His tough time is now supportive to you, you are happy. You do not have a true love for him.

So you are very quiet with happiness and staying here. Your foremost duty is to protect him. You are



with us only for that purpose. When he is in danger, what is the use of protecting me here?"

She became so angry and continued,

" You do not have any good qualities. You will spoil the name of a great clan. You are happy with your brother's sufferings? You are our enemy! ***You have been here to attain me. So you are here alone with me. Even Baratha must have sent you here?*** [What horrible words?]

Your ideas cannot be fulfilled. I will never allow any person other than Rama inside my mind. He is my beloved husband. I will commit suicide before you. I cannot live without Rama!

If you are not going to protect your brother, I will kill myself into Godhavari river..."

**Lesson for us:** Please do not hurt anyone who has the true faith, friendship, love, and care for us. Please understand the situation. Rama has made Sita to realize the depth of her abusive talk through agni pariksha. When there is a tough time, please be calm and observe the situation and think about God. Let us not hurt anyone with our words.

Sita is the symbol of an emotional mind which will lose the intelligence in tough time.

Laxman is the symbol of real awareness. But LAXMAN - THE AWARENESS will leave us when our emotions are too high.

Valmeeki Ramayan, Aaranya Kaandam - chapter 45