



**SAKTHI FOUNDATION - Uni5 coc**

**ABN Drugs Private Ltd - Chennai**

**Objective:** The coc session with Uni5 pattern of selftual learning has been initiated to 11 young medical representatives' working for southern districts of the state.

**Venue:** Madurai, Date: 8.3.2013

**Topics covered:**

- \* Basic platform to Uni5 concept
- \* What is religion and selftual evolution within a man?
- \* Where they differ?
- \* SAL Energy concept.
- \* 6 enmities within a man to reduce the SAL Energy
- \* What is service to society?

The session was very long with various questions from the candidates.

**Testimonial:**

"I can clearly understand what is religion and spirituality through this session which is an eye opening for my future" - Senthil Kumar

"I have been asking many questions about the various customs, rituals, prayer forms in various religions, today there is a clarity for my questions" - Sathish

"The session makes me very positive and the concept of SAL Energy is very important to be happy in life" - Raguveeran

"The concept of SAL Energy, karma phala and service is different from what we have been studying and listening from society" - Balasaravanan

"The session is very useful for me to understand why I am unhappy in my life" - Sampath Raj

"The Uni5 BMIAC Concept is very new for me and it is very logical and easy to implement" - Jothish

Daily exercise to self-study their own life has been given. They all will meet again on March 25th in Chennai with other members of other zones for the fresh topics. We thank Mr.Arulbalaji for giving this great opportunity to implement to young men.