



**SAKTHI FOUNDATION - Uni5 MUSIC - CCC [connecting children to the culture] SESSION
ALWAR THITUNAGAR - MADRAS-87**

October 16th to November

Conducted by: Dr.M.Madeswaran. Started on: October 16th, 2012

Children participating: Sethupathy, Murali, VijayaRagavan, Abinav, Nesika, Adhira, Gayathri, Samudhreshwar and Rakesh

Songs taught:

1. Sri Ganesha charanam - Papanasam Shivan's song in Thilang ragam [Tamil]
2. Maniyaana oru paadal wayndum - M.Sripathy's song upon Lord Ayyappan in Mohanam [Tamil]
3. Ranga baaro Paandu Ranga baaro - Purandaradasar's song in Kalyana Vasantham in Bajanai tradition [Kannadam]
4. Saraswathi namoshthuthey - G.N.Balasubramanian's song upon Sringeri Sharadhambhal in Saraswathy ragam [Sanskriith]
5. Kamakshi kama koti peeta vaasene - Muthusamy Deekshidar's song in Anandha Bairavi ragam upon Devi Kamakshi [Sanskriith]
6. Muruga muruga muruga – Mahakavi Subramanya Bharathiyar's song in Bajanai smapradhaayam

Concert day:

Deepawali - November 13th

Venue: Dr.Madeswaran's house.

SPIRITUAL CONCEPTS GIVEN TO THE CHILDREN

SriGanesha charanam song session

*** The word Carnatic means southern India. It also means beauty. The music form of south India is being identified as “**Carnataka sangeetham**”.

1. Ganesha is our very first initiative thought energy. He is the refined form of Lord Bhrama with

awareness. Imagine a man with human's awareness and elephant's strength.

2. Like a road having several junctions, our spinal cord has 6 nerve junctions. They are known as Chakras. Chakra makes a body to get displaced from one place to other. Similarly these chakras make our thoughts and actions to displace from one level to another. The very first chakra is just at the end of the vertebral column. That is **mooladhaara chakram**. This spot is known as Vinayakar spot.

3. Who are Deva ganas?

One who enjoys the pleasures through prayers, hard work and in reasonable honest way is a **deva**.

4. Who is asura?

One who enjoys the pleasures in any way [illegal, dishonest] is an **asura**. They also pray to God for boons.

5. Who is Bharama?

Bharama is our knowledge without awareness. His energy is Saraswathy. When the knowledge gets into awareness the energy is called **Vinayagar or Ganesha**.

6. Without the knowledge with awareness we cannot perform any actions.

7. Vishnu is the intellectual energy. The pattern of intelligence is **Mahalaxmi**.

8. **Parvathy** is the energy within us and Shiva is the awareness. **Durgai** is the energy to implement any thing which we knew. She is also the energy of perfection.

9. **Cobra** is the symbol of yoga and also self-ego. This ego has been tied as the belt and controlled by awareness. So Ganesha is wearing a cobra as his waist belt.

Saraswathy namosthute song session

Saraswathy is the energy of intelligence with awareness. She holds Veenai, text, beads and sometimes the pot of nectar. Veenai - system of learning through listening, text - reference, beads - repetition will make us to know much and depth about any concept. She is seated upon white lotus. Lotus is the symbol of purity of thoughts. She also wears pure white saree. White is again the color of consciousness. Swan is her mount. It can split water and milk. So we have to be a swan in our awareness and imbibe only good things. Pot of nectar is the symbol of bliss after attaining wisdom through service with selfless nature.

G.N.Balasubramaniam was one among the great Carnatic musician of our nation. He can compose his own songs. He worshipped Devi very much. Once he was suffering from heart problem. Sringeri Sharadha Peetam Guru asked him to compose a song upon Devi Saharadha. He sang this particular song and dedicated to Guru. His heart problem got solved soon without surgery. He likes pet dogs and used to buy any new model car. His style was very fast and he used to balance with nadhaswaram instrument. He introduced swarams in speed pattern like nadhaswaram.

Ranga baaro song session

Purandara dasar rearranged and gave an orderly pattern to Carnatic music. So he is known as "father of carnatic music". He changed his attitude and became a devote to God and served the people by singing and giving discourses in villages and cities. His songs are in simple Kannadam and simple Sanskrit. He also followed bajanai tradition. He sang much upon Lord Vishnu in various places. He worshipped Pandurangan of Pandaripuram as his beloved deity. He identified his compositions with the name "**purandara vittala**"

Vittal means "one who removes the ignorance which makes us to do sins"

God's names will make us to transform our mind from ignorance into awareness.

When we sing we must realize that the composer's atman receives that sound pattern and bless us.

Panduranga's legend has been narrated to children [refer CCC Gods and Goddesses Explanation]

Anyone can touch Panduragan. People will be continuously singing in Pandaripuram. Music and nama sangeerthanam will make the nature to vibrate with good sound energy. It cures our sickness and makes all living beings to feel the positive vibrations.

Shivaji's dedication to **Sri.ThukaRam** has been narrated. His yekadasi participation with Thukaram was narrated. Power of nama sangeerthanam has been insisted.

[SriRama's family deity is SriRanganathar.](#)

[Krishna;s family deity is Guruvaayoor Appan.](#)

[Rukmini admired and worshipped Uddupi Krishna. \[Legends were narrated\]](#)

[Kanchi Varadharaja Perumal came out of holuy fire.](#)

* You tube show has been arranged to see all the above deities directly.

Kamakshi kamakoti peeta vaaseni session

Kamakshi is the combined form of intelligence, beauty, perfection and awareness. She is the combined form of Laxmi, Saraswathy and Parvathy.

She blesses her devotees to attain all their desires with her eyes of awareness. When we perform any action with perfection we attain the result. That is the bliss given by her.

Kamakoti - all people have infinite desires. So she is the energy to fulfill all our desires.

Kowmari - Lord Murugan was blessed with his spear - Vel by his mother Parvathy. She gave her power of awareness as the spear to transform 3 great demons. So she is known as Kowmari.

Kusu maa dyuthi - she is the beauty of a flower. She has been expressed as the beauty, freshness, fragrance and softness of a flower.

Hema - Gold. Gold is the metal of consciousness. Himalayas are known as Hima giri because they look golden in color at sunshine. They give place to many saints and temples. They are the abode of Mount Kailash where Shiva lives.

Sangeetha mummoorthigal

Thayagarajar, Muthusamy Deekshidar and Shyama Sastrigal were born in Thiruvaaroor. They moved to Thiruvaiyaaru, Madras and Tanjavoor respectively after few years.

Muthusamy dekshidar identifies his name as Guruguha in his compositions. Guruguha is the name for Lord Murugan. He was born to his parents after long penance at Vaideeshwaran koil shrine. They offered special poojas with sangeetha Anjali to Lord Muthukumara Swamy [Murugan] in that temple and got him.

They were welcomed by MuthuKrishna Mudaliyar to Madras. They lived in Manale. They got the chance to visit and observe British culture in Saint.George fort. They took several lessons in violin and western classical music. Deekshidar's brother introduced violin into Carnatic music. Deekshidar used several tune combinations from western notes in his work.

Muruga Muruga Muruga session

We gave the names of 6 abodes of Murugan.

Murugan means beauty, nature, young, pattern of perfection and beauty within every object.

Murugan is the combined energy of Sakthi and Shiva.

Spear - symbol of wisdom with which we transform of self-ego and ignorance.

Peacock - mind

His energies are imagines as his wives SriValli and Devasena \ Devaanai

Maniyaana oru paadal wayndum song session

Ayyappa's legend will narrated later in detail like last year. In our home we have the large idol of Ayyappan and we use that for the session.

Meaning for Drama sastha

Dharma Sastha is the universal laws. When we refuse to align with any law we are not happy.

Ayyappa is the combined energy form. He is a "three in one God". Vishnu, Shiva and Devi are the combined energies within Ayyappa. Identify that within you.

Black color:

Black is the color which can be obtained by mixing all colors. It is the color of unity and acceptance of all without any conditions. So Sabarimalai allows anyone in this Earth to visit and have the darsahan. Black, green, saffron and blue colors will make us to look in similar with deep jungle atmosphere. That is good for us from the danger of wild beasts.

Why we walk with bare foot?

Walking in bare foot will give us the stamina to trek the hills and slopes. While walking with bare foot our endocrine glands will be refreshed with good blood flow.

Present idol of Ayyappan

Present idol of Ayyappan is made out of gold. This idol has been installed in 1949 after a fire accident. That fire accident has damaged the stone idol of Lord. Before that in 15th century, the idol placed there was carved out of green emerald stone.

Dr.Bernd has been introduced to children. We narrated how he observes fasting and come to Sabarimalai every year and how he will be blessed with special darshans.

Vishnu has taken 10 prominent avatharams to perform the universal self-pattern concepts. Like that Dharma Sastha has also incarnated his patterns. One among them is Ayyappan.

Wives of Dharama Sastha

Dharma Sastha's 2 energy forms are known as Poorna Devi and Pushkala Devi. Vishnu's 2 energy forms are Laxmi and Bhoomi Devi. [Body and mind]

6 sacred abodes of Dharama Sastha

Lord Murugan is being worshipped in 6 different patterns called "arupadai veedugal". Similarly Dharama Sastha is also having 6 patterns in his 6 abodes. **Aryankaavu, Achan koil, Kuzhathupuzhai, Pandhalam, Erumeli and Sabarimalai.**

Aryankavu: Lord is being married to PoornaDevi. He is in sitting posture. He holds the stag called yoga dhanda which controls the universal laws.

Yoga pattai

He wears the leg belt called "yoga pattai". This belt helps to sit in the "kusha asanam" posture to meditate and balance the mind.

Meaning for 18 steps [each step has been explained every day and children are asked to follow that meaning with their day to day life]

Step 1: Kaamam - limitless blind desires for everything.

Step 2: Jealousness

Step 3: Matham - self-ego and pride about our profession, money, education etc

Step 4: Matsaryam - What I have no others should have.

Step 5: Kobam - anger which is because of expectation

Step 6: Lobam - miser in nature

Step 7: Gossiping

Step 8: Attitude to steal

Step 9: Attitude to lie

Step 10: Attitude to kill

Step 11: Gambling

Step 12: Attitude to drink

Step 13: Attitude to eat flesh

Step 14: illegal actions

Step 15: saying lie in courts

Step 16: not doing the duty at right time

Step 17: not helping others in right time

Step 18: Attitude of thinking much about our-self

Ayyappan is married or not?

Ayyappan is not yet married physically. His consort Manjal Maatha - Maligai purathu amma is under transformation to marry him. She is considered as his Sakthi. He is being worshipped as 16 year old bhramachari - unmarried young man.

What is yoga dhandam?

Yoga dhandam is the bamboo stag wound up with a metal string. Ayyappan has been given that stag to Ayyappan during decoration. This is the symbol of universal laws. The energy which maintains the universal laws is known as Dharma sastha.

Ayyappan's left hand:

His left hand is placed on his left knee and it just stretches. This shows the presence of Parasakthi within him as his grace and unconditional love. Left half of our body is the part of female energy.

October 31st - cyclone crossed Chennai. That evening we dedicated the Music session to people who are suffering because of hurricanes and cyclone in India and USA. **Bharathiyar's miracle** during 1913 Pondichery cyclone got narrated.

Playback singer **Srimathy.Ambili's** history has been narrated. The way she got connected with Sabarilalai was explained.

Sabarimalai

SriRaman and Laxmanan were searing for Seetha Devi. On their way they came to Kishkintha forest. [Dense forests in Western Ghats of modern Kerala]. They visited Saint Mathanga muni. There they met the tribal woman and devotee who has spiritually enlightened. Her name was Sabari. She gave courage to Rama and directed them to Sugreevan. The den where Sugreeva stayed is very near to temple. We have walk across the river Pambai. Sabari made Rama to offer special poojas to the Dharma Sastha in the ashram where the present shrine is being located. That Sastha has been installed by

Parasurama and it was made of emerald. Later in 15th century A.D, Ayyappan reinstalled that deity and named that place as Sabari malai.

From November 4th till 12th we have practice for concert for Deepawali day.

OM SAKTHI!

Madras, November 4th.