

**SAKTHI FOUNDATION - Uni5 EDUCATION**

**Program: Value education through Uni5 system.**

**Center: Phdhiyadhor Trust, Ramavaram, Madras.**

**Time: All Sundays from August 26.8.2012 till April 2013, after noon: 1 - 4 P.M**

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The session includes 4 centers of the trust. In each center there are more than 20 children from various family setups. They are spending their time creatively and usefully after their school hours in the trust under the supervision of the educated coordinators. We are in association with this trust for past 4 years. We used to conduct summer camps under various topics given by them. This year they have approached to implement value based education to their students. So as we are implementing Uni5 system, we spoke to their organizers in detail. They have welcomed us to conduct this long term project without any monetary benefits.

On August 26th coordinators from all the 4 centers attended the workshop for 5 hours about this Uni5 concept. Dr.Pradheep Challiyil also joined through conference call from USA.

Minutes of that workshop:

1. Every unit will be given 2 months' time to get imbibed by the child.
2. On Sundays Dr.Madeswaran will be conducting the Uni5 session with children. If possible he will conduct sessions in all 4 centers at least once in a month.
3. for fortnight 5 values which has been chosen by children themselves has to be observed practically.
4. Uni5 chart analysis will be done by the heads.
5. At the end of 2nd week we will sit and discuss with children and see the awareness level.

This article gives you the crisp framework how **Dr.Madeswaran** conducted the very first session with Children.

**Date: September, 2nd, 2012**

1. Number of children attended: 22 [4 to 16 years - mixed age group]. 4 coordinators also attended the session.
2. What are rules - regulations and laws for a man? - Discussion
3. Why man has to accept these rules and regulations? - Discussion

4. Connect the same rules and laws with the nature. - Discussion
5. Children said that we need all these laws to live happily.
6. Fingers were made to get identified in Uni5 names.
7. Finger tracing and coloring was done.
8. What is a physical body? - Discussion.
9. "All living and nonliving beings have a body" - said children.
10. List out or draw any 5 physical bodies.
11. Children were made to feel and touch their own bodies with 5 senses.
12. Sample study: Why a chair has to be designed like this? - Discussion
13. Why we need to take care of our self? - Discussion
14. 4 groups were made with a representative. They discussed and listed out various ground rules which has to be implemented first in their family in body level. [No wastage of current must not eat food from bad inns; wear clean clothing, keep the pets clean etc]
15. Each group read out their own rules and regulations at home in physical level.
16. From Monday 5 regulations can be chosen by themselves and they have to be implemented and recorded. After 2 weeks we will analyze that.

**Dr.Madeswaran.M**