



## SAKTHI FOUNDATION - Uni5 EDUCATION

Concept: CULTURE AND TRADITION - M.S.Subbulakshmi's culture  
- Part 1.

[We request the reads to read Dr.Pradheep Challiyil's article about  
culture.]

Introduction is in Tamil and English

**கலாச்சாரம் என்பது என்ன?**

சமுஹத்தில் உயர்ந்த இடத்தில் இருக்கும் மக்கள் எப்படி வாழ்கிறார்களோ அதையே மக்களும் பின்பற்றுகிறார்கள். கலை உலகில்

ஸ்ரீமதி.எம்.எஸ்.சுப்புலக்ஷ்மி அவர்கள் உண்மையான ஸ்ரத்தையுடன் சேவை செய்து அதன் பயனான ஆன்மீக உணர்ச்சியை உலக மக்களுக்கு வழங்கினார். அதைவிட மிக முக்கியம் தான் கைக்கொண்ட இசைக்கலையை முழுக்க முழுக்க தன் சுய ஆன்மீக முன்னேற்றத்துக்கு அவர் பயன்படுத்திக் கொண்டார்.

அம்மையாரைக் குறித்து எத்தனையோ தகவல்களும் நூல்கள் audio - video பதிவுகளும் உள்ளன. இக்கட்டுரை குறிப்பாக மாணவர்களுக்கு அவருடைய வாழ்க்கையில் அவர் என்னென்ன கலாச்சாரத்தைக் கடைப்பிடித்தார் என்பதையே எடுத்து உணர்த்துகின்றது.

பால் மிகவும் தூய்மையானது. அனைவரும் மிக மிக முக்கியமானது. ஆனால் அது விரைவில் கெட்டுப்போய் விடும் அல்லவா? எனவே அதை மிகவும் பக்குவமாகக் காய்ச்சி உறை குத்தி அடுத்த நிலைக்கு இட்டுச் செல்கிறோம். அதையே culturing the milk என்று கூறுகிறோம்.

நம் மனமும் பால் போலத்தான் மிகவும் உயர்ந்தது, ஆனால் மிக விரைவில் மனம் பல தேவையற்ற எண்ணங்களால் கெட்டுவிடும். அதைக் கெடாமல் பல வழிகளில் பார்த்துக் கொள்ள வேண்டும். அதையே கலாச்சாரம் என்கிறோம். *புடவை கட்டிக் கொண்டு, பொங்கல்-வடை சாப்பிடுவது வெறும் உடல் ரீதியான கலாச்சாரமே! கலாச்சாரம் என்பது BMIAC LEVELS அனைத்திலும் கையாளப்பட வேண்டும். அப்போதே மனிதனுள் முன்னேற்றம் வரும்.*

"எந்த ஒரு விஷயம் மிகவும் நல்லதோ, அதே சமயம் விரைவில் தீய எண்ணங்களால் சீர் கெடுமோ அதைக் காப்பதே கலாச்சாரம்" என்பார் ஒரு ஆன்மீக குரு. அதுவே உண்மை!

இக்கட்டுரை ஸ்ரீமதி.சுப்புலக்ஷ்மி அவர்கள் கட்டிக்காத்த கலாச்சாரத்தை வெளிக்கொண்டு வருகிறது!  
ஓம் சக்தி!

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### PHYSICAL LEVEL PERSONALITY

We are very proud to write about the great Carnatic music Queen - Srimathy.M.S.Subbulakshmi's cultural life pattern to support the concept of "CULTURE AND TRADITION" in our Uni5 education. The following article will be analyzing and making us to think about our self-culture, family culture and social culture.

Why it is necessary to a dress coding?

Why it is necessary to follow certain daily customs?

These are called "**SAMSKRITHIES**" - **day to day customs** to tame the mind from entering into unwanted thoughts and action which will spoil the joy of our life.

#### A SAMPLE...

When we see M.S with her simple saree covering her shoulders we need to think why she dressed like that.

The exposure of body to the public will create unwanted thoughts which are like an infected sick man spitting on the road which will spread the germs.

The self-culture of a man is very important in all 5 levels in Uni5 pattern to make first him happy and assists the people to have gentle thoughts and actions.

She introduced the most beautiful color called "M.S blue" in her dressing. She gave the new fashion for wearing glass bangles. So it is very important for the modern man to think about what is this culture. So in BODY level she has made a great change in way of dressing. Like this we need to connect ourselves with the role models. In what level we are also following the culture.

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#### M.S BLUE...

1. She was very simple. She dressed well but in the most respectful way. Her shoulders were always covered with her saree. Her inner instinct was very aware about the public and her association with world's great personalities. So she was very particular about her dress coding like the deity Meenakshi in her native city dressing very grand and respectful as a queen. She was much aware about color matching but does not waste time in that. She enjoys all her dressing and make ups.

#### A COSTLY NATURAL MAKEUP SET...

2. She takes enough time to dress and do make up but does not waste her time in that. Her small steel Parry's chocolate box with few tiny cases for powder, saffron, sacred ash and eyeliner were her makeup case. Kasthuri turmeric powder, Hyderabad saffron, karisalaanganni eyeliner were her most important natural cosmetics.

#### **JASMIN'S ADORNING HER WAVES OF HAIRS...**

3. She was aware about wearing flowers. Flowers are the symbol of our desires and thoughts. She used to tie herself and wear them whenever she has time by which she was interconnected with the flowers in her thoughts.

She chewed beetle leaves on Fridays as the sacred prasad of Mahasaraswathy.

**She was wearing karugamani chain as the symbol of "oneness of all".**

#### **BANGLES OF GOOD ACTIONS...**

4. She wore very few golden ornaments. Her diamond studs and nose studs were the symbol of her wisdom and her glass bangles were the always making her to think about good actions. She believed that wearing them was good for her husband. Yes when women wear glass bangles with awareness and have only good thoughts and actions, their energy level is the real armor for her family!

#### **FOOD AWARENESS...**

5. She was diabetic, had few surgeries. So she was very aware about her diet. She took oats, ragi, and barley where ever she went. Even she served those foods to her associates who were diabetic. Once she prepared ragi doas to the great Tamil scholar Rasikamani T.K.C while traveling in train. She even used to carry stove and other cooking items. She was very keen about good and healthy cooking. She used to cook for the whole team where ever they went all across the globe for concerts. She has never worried whenever she was admitted in hospitals; she has insulin injection every morning.

She likes rice pappads. Once in Thiruvaiyaaru Thyagarajar aradhanai was going on. She attended the festival. She was staying in her friend's home where she ate 5 rice pappads like a child holding in her hands. Very rarely she enjoys food.

She used to sip little lukewarm cow's milk in between her concerts to maintain the throat.

She prepared chukku coffee very well and guests request her to offer that. [ chukku - dry ginger]

She used to record her BP levels daily in her personal diary with the doctor's name that checked her. She had regular master check up with her husband and she was very particular about her insulin. All these shows her physical awareness otherwise called her respect to the gross body gave by God. She has never disrespected her health and physic. Because she has understood the body is the real vehicle to serve.

*How she was able to come across the health hazards. She has first accepted her health issues and accepted the respective medication and later she has shifted her mind from the sickness to the service which gave her the inner strength to serve for music till her end.*

*This shows she did not ignored her health issues but crossed the level of over attention to them. Because her spiritual strength has given her the inner strength to face her tough timings with health and economy also.*

#### **CONCERT INSIDE HER NURSING ROOM...**

She has fractured her leg. She has been admitted in Isabella hospital. One day nurses requested her to sing. She sang Deekshidar's "Kanchadhalaaya daakshi" upon Devi Kamakshi with perfect voice even though her leg was paining. Her mind was tamed to get fixed with her profession so she was able to cross her tough time.

#### **WAVES OF HAIRS...**

Women have admired her long hairs. She used to apply traditional seekakkai powder and moor dhal powder". She cared her hairs like a child. She used to apply saambraane smoke to her hairs. But she has never loosened her hair. Hairs are symbol of our wandering mind. She has understood the concept behind knotting the hairs and maintained a well-dressed hair style with flowers. She kept herself very clean and smart.

#### **VALUABLE TREASURES...**

She was ever smiling. Simplicity was her most valuable ornament says many great personalities who has admired her. Few hairpins, 4 sets of sarees, a steel chocolate box with her deity's picture [Balaji] were her physical treasures.

#### **MEHANDHI ADORNS HER FINGERS...**

She was much interested in applying mehandhi to her fingers. She says, "Laxmi resides in mehandhi".

But this great noble woman changed her complete physical personality after her husband's death. She lived as a saint with more simplicity and humbleness. This shows how she has interconnected the culture with her self-transformation. She used to be very calm and do all actions with more interest and awareness which means she has interconnected all her actions with her life.<sup>5</sup>

### **GENTLE AGING...**

"She was beautiful at her 25ies, now she looks more beautiful at her 70ies, because of her smart gestures with mental orderliness, even aging was very beautiful in her life" says the well-known Tamil writer Shivashankari.

She was very particular in good smart dressing of the whole family whenever there was a guest. She gave much importance to the cleaning, housekeeping exercises during festivals.

All the musical instruments has to be cleaned and decorated with sandal paste and flowers on Fridays. On all Fridays' prayer room has to be cleaned. She maintained the inner cleaning and outer cleaning as the same throughout her life.

### **ONE AMONG ALL...**

M.S used to merge with every one physically and mentally where ever she was. In her hosts homes she used to physically assist the hosts in kitchen work, serving food and identified her as one among them which made her gain 100s of friends with real love. She likes to grind rice flour in grinding stone sitting with her daughters and friends chatting for a long time.

### **CANNOT BE SEPARATED...**

It is very difficult to see couples like M.S-Sadhasivam. They lived as role model as per said in Vedic dharma. They were divine couple. M.S has never been physically apart from her husband where ever she went for her work. She has imbibed his physical presence as the greatest moral support also. She has also been fenced by him to avoid many unwanted impacts of the society as an artist.

### **VASUDEVA FAMILY...**

As she cared herself she gave the same physical care to her family. She stopped her performance during her 2 daughters' delivery. She also canceled her 1 year programme when her co-brother passed away to support her sister-in-law. She gave much physical to her servants and attenders especially in their proper diet. She has accepted everyone associated with her as herself and formed the universal family at her home.

But the noble lady suffered when her husband passed away. She could not tolerate that. But her spiritual tutor Saibabaji gave her certain spiritual lessons which made her to console herself and she accepted her physical separation from her husband.

When we read the above article and analyze her personality, we must be able to interconnect her with us. What is then culture? She has brought many changes in people's day to day life physically also. So let us aware what is culture and how to be what to be followed.

Om Sakthi!

Photo: Wedding photo of M.S and Sadhasivam.