



**Photo: Lord Ranganatha – SriRangam – Tamil Nadu  
SriRama's clan deity**

**SAKTHI FOUNDATION - CAC  
VISHNU SAHASRANAMAM - Simplified version in English**

**Do Guru vandhanam and Vinayaka vandhanam. Then pray to Sriman Narayana in waht ever form you need along with SriDevi and Bhoomi Devi. Then start reciting the sahasranamam.**

Om!

1. Viswam Vishnur vashat kaaro bootha bavya bavath prabhu:  
Bootha kthuth Bootha pruth bhaavo Boothath maa bootha bhaa vana:
2. Boothath maa paramaath maa cha mukthaanaam paramaa gadhi:  
Av yaya Purusha saakshe Kshetragn akshara ye vacha:
3. Yogo Yoga vidhaam naydhaa pradhaana purusheshwara:  
Naara simha vabhus srimaan Kesava Purushothama:
4. Sarvas sarvas sivas thaatur boothaadhi nidhi rav yaya:  
sambhavo bhaavano parthaa prabhava prabhu Eshwara:
5. Swayambhoos sambu aadithya pushka raaksho mahaas vana:  
Anaadhi nidhano dhaa dhaa v dhaa dhaa thaadhu vikrama:
6. Apra may yo hru she kesa Padhma naabo amara prabhu:  
Viswakarma manusth vashtaa sthavishtas sthaviro Dhruva:
7. Agraahyas saasvadha Krishno Lohidhaaksha pra dhar thana:  
prabhu thas three kuth thaama pavithram mangalam param:
8. Eesaana praana praano jyeshtas sreshta prajaapathy:  
Heranya garpo boo garpo Maadhavo Madhu soodhana:



Lord Ranganatha with his consort

9. Eshwaro Vikrame dhanve may dhaa we Vikrama krama:  
Anuthamo dhuraa dharsha kruthakgna kruthi raath ma vaan
10. Suresha saranam sarma Viswatho prajaa bhava:  
Ahas samvath saro vyaala prath ya yas sarva darshana:
11. Ajas sarweshvaras siddas smaathma sammidhas sama:  
vruksha kabi ramay athma sarva yoga vinisrutha:
12. Vasur vasumanas sathyas samaathmaa sam mithas sa:  
amoga pundareekaaksho vrusha karmaa vrushaakrithi:
13. Rudhro bhu seraa paprur viswa yonis susi sravaa  
Amruthas saasvathas sthaanur varaa ro haa mahaa thapaa:
14. Sarvagas sarvavith baanur viswak seno janarthana:  
Vedho Vedha vidhav yango vedhaango vedha vith kavi:
15. Logaath yakshas suraath yaksho dhramaath yaksho kruthaa krutha:  
chathur athma chathur vyugas chathur dhamstras chathur buja:
16. praajishnur bojanam bokthaa sahashnur jagaa dhija:  
anago vijayo jethaa viswa yoni punar vasu:



**Lord Ranganatha - SriRangam**

17. Upaynthro vaamana praamsu amogas susi roor jitha:  
atheenthras sankra has sargo dhru athmaa niyamo yama:
18. Vedhyo vaidhyas sadhaa yoge veera ha Maadhavo manu:  
athenthri yo mahaa mayo mahoth saaho mahaa bala:
19. Mahaa budhir mahaa veeryo mahaa Sakthir mahaa dhyudhi:  
anir theys ya vabu srimaana may athma mahaathri dhruth
20. Mahesh vaaso mahe bartho Srinivaasas sadhaam gadhi:  
aniruthas suraa nandho Govindho Govidhaam pathy:
21. Mareesir thamano hamsas subarno buja ko thama:  
Hiranya naabhas sudhapaa padmanaabha prjaapathy:
22. Amruth yus sarva dhruk simhas sandhaa dhaa sandhi maan sthira:  
Ajo dhur marshanas Saasthaa Visru athma suraari haa:
23. Gurur guruthamo thaama sathyas sathya paraakrama:



Lord Rama - Thirupullani - near Ramanadhapuram

nimisho animishas srakve vaasaspathy rudhaa rathi:

24. Agraneer graamaneer Srimaan nyaayo naydhaa samee rana:  
sahasra moorthaa viswaathmaa sahasraaksh sahasra paadh

25. aavadtha no nivruth athma sam vruthas sampra mardhana:  
ahas sam varthago vahni ranilo dharane dhara:

26. Suprasaadha prasan athma viswakrus viswabuk vibhu:  
sath karthaa sath kruthas saadhur jahnur Naaraayano nara:

27. asangye yo apra may athma vishistas sista kruth susi:  
Siddarthathas siddha sangalpas siddi das siddi saadhana:

28. vrushaa he vrusha bo Vishnur Vrusha parvaa vrusho dhara:  
vardhano vardhamaa nas cha we wekthas sruthi saagara:

29. Subujo dhurdharo vaakme mahendro vasudho vasu:  
naika roopo bruhath roopas sibi vista prakaasana:

30. Ojas they jo duty dhara: prakaa saathmaa prathaa bana:  
Ruddas spashtaaksha ro manthras Chandraamsur baaskara dyuthi:



**Lord Alagar with Devi Sundaravalli - Alagar Koil near Madurai**

31. Amruthaam sooth bavo baanu sasa bindhus sureshwara:  
Owshadham jagathas Sethus Sathya dharma paraakrama:
32. Bootha bavya bavan naatha bavana baavano anala:  
Kaamahaa kaama kruth kaantha kaama kaama pradha prabhu:
33. Yugaadhi kruth yugaa vartho naika maayo mahaa sana:  
athrusyo avyaktha roopas cha sahasrajitha nandha jith
34. Ishto we sis thash sish taeshta sikande nahusho vrusha:  
krodha haa krodha kruth karthaa viswa baahur mahe dhara:
35. Achyudha prathidha praana praana dho vaasa vaa nuja:  
abhaan nidhi rathish taana mapra matha pradhistitha:
36. Skandhas skandhadhro duryp varadho vaayu vaahana:  
Vaasudevo Bruhath baanu aadhi Deva purandhara:
37. Ashokas dhaaranas thaaras Sooras sowrir janeshwara:  
anu koolas sadhaa vardha padhme padhma ni baykshana:
38. Padhmanabo aravindhaaksha Padhma garpas sa reera pruth  
maharthir rutho vruthaathma mahaa ksho garudha tvaja:

39. Anulas sarabo Bheemas sama yagno havir hari:  
sarva lakshana lakshanyo laxmi vaan sami thin jeya:
40. viksharo rohitho maargo hay thur Dhaamodharas saha:  
mahe dharo mahaa baago way ga vaa namithaa sana:
41. Uthbava kshobano Devas Srigarba parameshwara:  
karanam kaaranam karthaa we karthaa kahano Guha:
42. vyava saayo vyavas thaanas sams thaanas sthaana dho dhruva:  
pararthe parama spashta dushta pushtas subaykshana:
43. Raamo we Raamo viradho maargo nay yo nayo anaya:  
Veeras Sakthi madhaam Srayshto Dharmo dhrama vinuthama:
44. Vaikunta purusha praana praanadha pranama pruthu:  
Hiranya garba sathruk no vyaaptho vaayu dhokshaja:
45. Rudhus Sudharsana kaala parameshti parikraha:  
Ugras samvath saro daksho vis raamo viswa dakshina:
46. Visthaaras sthaavaras dhaanu pramaanam beeja mav yayam  
Artho anartho mahaa Goso mahaa bogo mahaa dhana:
47. Anir vinnas sthavishto boor dharma you bo mahaa maga:  
nakshatra naymir naksharthree kshama kshaamas same hatha:
48. Yajna ejyo mahayj yascha krathus sathram sadhaam gadhi:  
sarva dharsee nivruth athmaa sarvagno gnaadha mutha mam
49. Suvrathas sumukas Sukshamas su goshas sugadhas suhruth  
mano haro Jithak rodho veera baahur vidhaarana:
50. swaabhana swa wa so vyaabi naikaathma nayka karmakruth  
vathsaro vathsalo vathse rathna garbo dhaneshwara:

51. Dharma gup dharma kruth dharmee sadha akshara sath aksharam  
avignaadhaa sahasraamsur we dhaa dhaa krutha lakshana:
52. Kabasthi naymis sathvas thas simho bootha mahe sis wara:  
Aadhi devo Mahaa devo Deva devay so deva pruth guru:
53. Utharo Go pathir Gopthaa gnaana ganya puraadhana:  
sareera bootha pruth bokthaa kabindhro Poori dakshina:
54. Somabo amrutha pas soma purujith purusuthama:  
vinayo jayas sathya sandho dhaasaar has saathvadhaam pathi:
55. Jeevo vinaethaa saakshee Mukundho amitha vikrama:  
Ambho nidhi ranaathmaa maho adhisayo andhaka:
56. Ajo mahaar has swaa baavyo jithaa mithra pramodhana:  
aanandho nandho nandhas sathya dharma three vikrama:
57. Maharshi Kabila aacharya kruthagno may dhi pathy  
three pathas three saath yaksho mahaa srunga kruthaandha kruth
58. Mahaa varaaho Govindhas su shena kana gaangadhi  
Guhyo kabeero kahano gupthas chakra gadhaa dhara:
59. Vedhaas swaango ajitha Krishno dhruvas sangarshano achyudha:  
Varuno vaaruno vrusha pushka raaksho mahaa mana:
60. Bagavaan бага haa nandhi vanamaali halaa yudha:  
Aadhithyo jyothi aadhith yas sheshnur gadhi sathama:
61. Sudhanvaa ganda parasur dhaaruno thravina pratha:  
thvis pruk sarva kruth vyaaso vaasas pathi rayonija:
62. Three saa maa saamagas saama nirvaanam Bay sha jam bishak  
sanyaasak ruch samas saantho nishtaa saanthi paraayanam

63. Su baangas saanthi thas srashtaa kumudha kuva lay saya:  
Gohitho Go pathir Gopthaa vrusha baasho vrusha priya:
64. Anirvarthe nivruth athmaa sam kshaypthaa kshayma kruch Siva:  
Srivatsa vakshaas Srivaasa srlpathis srimadhaam vara:
65. Sridas srisas Srinivaasas Srinidhis Srivibhaavana:  
Sridharas Srikaras shray yas Srimaan lokathra yaas raya:
66. swakshas swangas sadhaa nandho nandhir jyothir Ganeshwara:  
Viji athma Viday athma satha keerthis chinna samsaya:
67. Udheeranas sarva dhas sakshu rane sas saasvadha sthira:  
Boosayo booshano boothi raso gas soga naasana:
68. Archishmaa narchitha kumbho visuth athma visodhana:  
Anirudho aprathi ratha prathyumno amitha vikrama:
69. Kaala nemi nihaa sowrisri sooras soora janeshwara:  
Three lokaathma three lokesa Kesava Kesehaa Hari:
70. Kaama Deva Kaama baala kaami kaantha kruthaagama:  
Anirtheys ya vabur Vishnur Veero anandho Dhanajeya:
71. Bhramanyo bhrama kruth bhramaa bhrama bhrama vidhar dhana:  
Bhrama vith bhraamano bhrame bhramagno bhraamana priya:
72. Mahaa kramo mahaa karma mahaa thejaa mahaa raga:  
Mahaa kruthur mahaa yajvaa mahaa yajno mahaa havi:
73. sthavyas sthava priyas sthothram Sthuthas stho dhaa rana priya:  
Poorna Poora e thaa punya punya keerthi ranaa maya:
74. Mano javas Theetha karo vasu rau dhaa vasu pratha:  
Vasu pradho Vaasudevo vasur vasu manaa havi:



75. Sath gadhis sath kruthis sathaa sath boothis sathya paraayana:  
Soora senaa yadhu sreshtas sanni vaasas suyaa muna:
76. Boothaa vaaso Vaasudevas sar vaasu nilayo anala:  
darpahaa dharpo druptho dhurdharo dhaa aparaajitha:
77. Viswamoorthir mahaamoorthir deepthamoorthi ramoorthi maan  
anayka moorthy ravyakthas sadha moorthis sadhaa nana:
78. Yeko naikas sava ka kim yath thath padhama nuthamam  
Loka bandhur Loka nadho Madhavo Bakthavathsala:
79. suvarna varno hay maango varaango chandha naangadhe:  
Veeraa haa vishamas Soonyo kruthaa see rachalas chala:
80. Amaa ne maanadho maanyo loka swaami threeloka dhruth  
sumaydhaa may dha jo dhanyas sathya may dhaa dharaa dhara:
81. Thejo vrusho dyuthi dharas sarva sasthra pruthaam vara:  
prakraho nigrabo vyakro naygas srungo gadhaakraja:
82. Chathur moorthis Chathur baahus chathur vyuhas chathur gadhi:  
chathur athma chathur baavas chathur Veda vidheha baath
83. samaa vartho nivru athma dhurjayo dhura dhikrama:  
dhurlabo dhurgamo dhurgo dhuraa vaaso dhuraari haa
84. subaango loka saaranga su dhanthus thandhu vaath thana:  
Indhra karmaa mahaa karmaa krutha karmaa kruthaagama:
85. Uthbhavas Sundharas Sundho rathna naabas sulochana:  
argo vaajasa nisa srungi jayanthas sarva vij jaye
86. Swarna bindhu rakshopyas sarva vaagees wa rays wara:  
mahaah radho mahaa kartho mahaa bootho mahaa nidhi:

87. Kumudha kundhara kundha barjanya bavano anila:  
amruthaa so amrutha vabus sarvagnas sarva dho muka:
88. Sulabas suvrathas siddas sathruji sathru thaabana:  
nyakro dho thum baro asvathas chaanu raanthra nishoo dhana:
89. sahas raar chis saptha jih vas sapthai thaas saptha vaahana:  
amoorthy ranago achinthyo bayakruth baya naasana:
90. anur bruhath krusas sthulo guna brun nirguno mahaan:  
athrus swathrudhas swaagasya praak vamso vasma vardhana:
91. paarapruth gadhi tho yogi yigee sas sarva kaamadha:  
aashramas smarana kshaa mas subarno vaayu vaahana:
92. Dhanur dharo dhanur Vedho dhando thamaethaa athama:  
aparaajithas sarvasho arha priya kruth preethi vardhana:
93. sathva vaan saathvigas sathyas sathya dharma paraayana:  
abipraaya priyaar ho arha priya kruth preethi vardhana:
94. vihaayasa gadhir jothis suruchir hutha buk vibu:  
Ravir virochanas Sooryas savithaa Ravi lochana:
95. Anantha hutha buk bokthaa sugatho nayka dho akraja:  
anir vinnas sadhaa marshi lokaadhishtaana athbudha:
96. sanaath sanaadhana thama Kabila kabi rav ya ya:  
swasthi thas swasthi kruth swasthi swasthi buk swasthi dakshina:
97. arowdhra kundale chakre vikram yurjitha saasana:  
sapthaadhi kas saptha saha si si ras sarva ree kara:
98. akroora bay salo daksho dakshina kshaminaam vara:  
Vidhwaathmp veedha baya punya sravana keerthana:

99. Udhaarano dhush kruthi haa punyo dus swapna naasana:

Vee raa haa rakshanas sandho jeevana parya vasthitha:

100. Anantha roopo anantha Sri jitha manyur bayaa baha:

chathur sro Kabiraathmaa vidhi so vyadhi so dhisa:

101. Anaadhir boor bhuvo Laxmees suveero rugi raang gadha:

jananao janana maadhir beemo beema paraakrama:

102. Aadhaara nilayo dhaa dhaa pushpa haasa prajaa kara:

Urthvagas sath padha chaara praanadha pranava bana:

103. pramaanam praana nilaya praana dhruth praana jeevana:

thathvam thathva vidhe gaathmaa janma mruthyu jaraa dhika:

104. Boor bhuva swastha rus thaaras savithaa prapithaa maha:

yagno yagnapathir yajvaa yagnaango yagna vaahana:

105. Yagna pruth pagna kruth yagni yagna buk yagna saadhana:

yagnaandha kruth yagna guhyam anna man naadha yeva cha:

106. Athma yonis swa yagnaadho vaigaa nas saama gaa yana:

Devaki nandhanas srashtaa kshideesa paapa naasana:

107. Sanga prun nandhakee chakree saarnga dhanvaa gadhaa dhara:

radhaanga paani rakshop yas sarva prahara naayudha:

Om Sri sarva prahara naayudha Om nama edhi

vana maali gadhi saarngi sangee chakree cha nandhaki

Srimaan Narayano Vishnur Vaasudevo abi rakshathu

108. Edheetham keertha nee yasya Kesavasya mahaath mana:

naam naam sahasram divyaa naam asaykshana pra keerthitham

Om shanthi shanthi shanthi:

