



**SAKTHI FOUNDATION - Uni5 EDUCATION**  
**MAHAKAVI SUBRAMANYA BHARATHY'S SPIRITUAL TALKS -**  
**[Translation of important concepts from the articles]**

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**Introduction:**

The great poet Bharathiyar [11.11.1882 - 11.9.1921 A.D] has been recognized as a patriot, editor, poet, freedom fighter, novelist and a writer who made evolution in Tamil literature. Though his songs talk about his spiritual views they have not been understood by the people much in depth because of the prior idea that he is a great freedom fighter. But we came to know that people of Pondichery consider him as a great spiritual leader especially as a Siddha Purusha. He is being respected along with Saint Arbindo and Mother. His idol as stucco in

Swamy Sidhananda's Jeevasamadhi temple in Pondichery makes us realize that he has been shifted to that level.

When we read his life history, at one stage we can obviously see his transformation as an external freedom fighter into a spiritual tutor for his self-realization and inner freedom.

His 10 years life in French Pondichery [September 1908 - December 1918] gave him the best timings to associate with few great saints, Siddhas who live in and around the town which made him to start his spiritual expedition. This article is giving the most important view as our Mahakavi [great poet] to the present human community.

From his life and writings we can clearly see Bharathiyar as an Advaitist who has self-realized the primordial truth within himself and accepted everyone on this Earth. He learned Rig Veda thoroughly from Arbindo and he was also a great Srividhya Upasaka worshipping the energy as SAKTHY - Universal Mother. This made him to realize and write,

"I am the birds flying in space  
I am the beasts inside forests  
I am the trees giving you shadow  
I am the wind - water and roaring sea  
I am a worm inside this land  
I am the life inside all beings  
I am the pattern of energy

I am the wholistic truth of wisdom glowing....."

He saw the spiritual transformation within himself for which he has accepted every being from a bird till Universal energy pattern "SAKTHY" as his tutor. This article can guide us much more to think about the "TRUTH" which is hiding within us, which alone can make us bliss and happy.

The poet has made many translations from various language into Tamil for the development of the people's awareness and always says, "we must translate and publish many great ideas from all nations"

Today I thank Sakthy for making us to translate his writings for the up liftment of the mankind.

### **SCARED LAMP OF A SIDDAR SHRINE:**

Mahakavi Bharathiyar in his words as follows:

" I am much inspired with the life of many great Siddas of Pondichery. Whenever I have the darshan of the sacred lamp in Sidhanand's jeevasamadhi shrine there will be a wave of spiritual transformation inside me. This sacred lamp is the lamp of real wisdom which made me write,

"Dear mind!

Please have the darshan of the lamp inside the shrine which can cure all ailments of your mind and body. This lamp can show you the way of self-realization. It can make you get transparent with your own cunningness and unwanted thoughts. The lamp made me to realize the greatness of all beings on this earth. I am also able to understand the concept of time. This lamp has to be lightened in all towns, villages, homes and temples..."

KUIL PAATU - This a long song about a cooku bird in which he has seen the bird as the symbol of our "slef" waiting for freedom from the birth cycle. This song has been composed in the "Maanthopu" [mango grove] near the above said siddar shrine in Pondichery. It still exists today.

### **CONQUERING THE MIND to stop unwanted habits...**

Let us step into his small article called "SIDDA KADAL" [Sea of wisdom] and listen to him.

"Sure! I will conquer my sea of mind in this birth. I am trying to win the battle of mind for many births. Only the devathas can realize how difficult it is.

It is very important to know about the nature of our mind before trying to tame it. So let me observe my mind's thoughts. I pray to SAKTHY to give me the wisdom of mind reading!

I pray to SAKTHY! To help me in taming my mind! I must be fresh in the mornings. I must be free from mental hazards. I must be eternal forever!

I must be always thinking about the TRUTH and enjoy all wonders of this great nature! I must observe all dharmas in my life!

When I do this I am facing the fear of death, sickness, poverty, loss of devotion to God, lack of dedication in work, waves of self-ego making me to get tired. But I will never leave this battle!

The most difficult part of spirituality is controlling the sensual pleasures which has become day to day habits called "samskara"? How difficult it is for me to stop chewing tobacco? This habit is a cop in my mind getting into transformation, I must cut this.

But we must take care of our physical strength. I must be free from all diseases. But my stomach is always paining and making me tired. But I am ever praying to SAKTHY!

Dear man!

Your body must listen to you! It cannot be living on its own! Body is a beast, you are the tamer, It is an yantra [geometrical patterns of various energy to worship] and you are the yantrhee [one who makes the yantra to get initiated]. If our mind and body are not going to be controlled our day to day life is a real hell. Our body must be strong like a wild lion with wisdom and awareness! So we must try our best to stop all unwanted habits which will reduce our inner strength!"

### **DIFFERENCE BETWEEN PERSON AND PERSONALITY**

"It is very hard to accept first our negative qualities. Then it is most hard to write [talk before others]. I feel very shy to write about them. I am different from my mind personality! Bharathy is different from his ego. I [self-truth] is the real matter of wisdom and Bharathy is under the control of self-ego. I must not be worried about that Bharathy! Sakthy must help me!

The so called Sakthy is the real truth of wisdom like a sea. I am a small wave in that. We both are interconnected with a canal which is just dumped with the garbage of self-ego! I must clean it in this birth!

### **WHAT IS SAKTHY?**

Sakthy is the universal energy which can neither be created nor be destroyed. It can be transformed

from one form to another. With this view let us listen to Bharathyar.

"Spiritual saints say that wisdom is the cause for Universe and Jeeva [life] is the cause for jatam [materials] Sakthy is the cause for all these. Sakthy has pocessed all the beings in this universe as its body. By constant thinking, analyzing, discussing, meditating man can get rid out of all life issues. By constant link with this Sakthy our wisdom grows. Our siddam - mind is a mirror in which our own thoughts gets reflects. When we think of Sakthy that gets reflected.

Our mind and body will be feeling lazy by various unwanted habits. We must train our self to come out of such habits. Need not worry about materialistic pleasures. Be calm watch the people and do not get attach to the material life. Nothing can be done according to the wish of an egoistic mind. Nothing can be permanent. All has to transform.

### **WHAT IS "I" ?**

All physical bodies are the abode of SAKTHY. My body is one among the thousands of such bodies. When I identify my body that is called "I". When I do the same identification with all bodies that is called the "self within all". This is also known as "atman" which will change its abodes. Physical bodies undergo changes but not that "self". This is Shankara's Advaita. When I am swimming in the pool of Advaita where end is for me?

Let me work for ever. That is the real bliss. Poverty of wisdom and disease are the 2 devils. They cannot reach a hard working dedicated man.

### **SECRET OF 100 YEARS**

"Nature has given 100 years to man. But man's worries out of ignorance will make him to die soon. Especially his anger will reduce his age. Anger poisons his body and mind by which he is moving fast towards the doors of death. When we care our body we can care our life by which we can do many more spiritual lessons and care our "self". By this alone we can be eternal on Earth! This is my ambition of life!

Shyness, anger, worries, fear, desire, falsehood are the 6 enemies who decreases our energy and welcomes death soon.

If all can live like Baktha Prahaladha in devotion and Manmatha as "yeka pathini virathan" - a man who is associated with only one woman in BMIAC levels, all can live 100 years!"

## HOW TO PRAY?

Pray and ask whatever you wish!

Whatever you get be happy!

If you do not get anything, do not get worried!

But sure you will get what you wish!

Sakthy saves all the 5 elements as they are for many yugas. Like that it has to care our "self".

## WHAT ARE VEDIC RITUALS?

"Gods and Goddesses mentioned in Rig vedam are not someone who are living externally. They are the various energy forms. They assist the man to evolve spiritually to identify the self and the premordial truth - bhramam. Indra, Sun, Vayu are the patterns for man to evolve in spiritual life. When we do the Vedic rituals to these Devathas, we also transform within our self with reference to the concerned Devatha. [Devatha is the metaphor of energy].Rituals is advised by Vedas to observe by all people so that they can enjoy the real bliss of divinity like the so called Devathas in this Earth"

## VARIOUS SPIRITUAL TUTORS ASSOCIATED WITH BHARATHIYAR

Saint.Arabindo, Mother, Anne Besant, Nevaditha, Kuvalai Kannan, Kulla swamy, Milagaipazha mathaji, Yaazhpaanam Swamy, Govindha Swamy and many others. The poet has narrated his spiritual relation with these people in his poem "BHARATHY ARUBATHY AARU". Among them he has accepted Kulla swamy as his Guru. *But it is also important to say that the poet has used various tantric rituals with his guru for spiritual lessons but they were not respected. Some of the rituals has also deviated the poet. So we need to be very careful about rituals.*

## BHARATHIYAR'S EXPLANATION FOR SIDDHI:

"I am not interested in attaining 8 siddhies to transform much energy into pleasures. I am not that type of Sidda purusha, but i am one among them who is transforming me with the wisdom. I am a "gnana sidda ", I am new in this clan, I am ever rich with divinity, I am not undergoing hard spiritual practices with body but I am doing those lessons with my mind.

## THREE DIFFERENT PEOPLE:

Man who just live with his physical and mental comforts is a "bohi"

Man who has understood the life as the "maya" is a "yogi"

Man who is able to cross the above 2 levels and lives in bliss is a "gnani"

*We must be a gnanai who never hates anything. For him Vedic rituals, sex, war, arts, liquor all are one as the various forms of energy. He enjoys all without any distraction. He identifies the pleasure out of them as SAKTHY. He can alone love and respect all beings on Earth.*

### **WHAT IS LOVE?**

"I am against the free love concept of the western culture which makes man to be a beast. That is not unconditional love. Love must give freedom to the partner. Love has the power to initiate the arts and spirituality. True love cannot make other partner as a slave. I am strong in believing family life with true love will make us eternal. Respect and love the wife, mother, sister as the same. There is no other Goddess than our mother! The real of your wife is SAKTHY! She can make you to feel the "self". So let people love their partners really and live forever! We enjoy the love scenes in literature and dramas but not in reality."

### **"THATHVAM ASI"**

"There is nothing in this universe other than you! And there is nothing with in you other than all beings<sup>1</sup> so all are one" says the Vedic lessons. So Shivaya nama, Hari Om, Rama Rama, Yehova, Allah all are the same in various language forms. They all denote the one supreme truth! The inner truth hidden in all religions are the same!

You are swamy! You are swamy! You are swamy! thathvam asi! aham shivo ham! aham shivoham!"

A man who can clearly understood the difference between bhramam - truth and maya - illusion can never be scared about anything on this Earth"

**OM SAKTHY!**

**acknowledge:** Mr.C.S.Murugesan's "Bharathy kanda siddargal".

**Photo:** The poet's last photo taken in Rathna studio in Madras Broadway to console his student and follower Barathydasan [to show he has been required from sickness] lived in Pondichery.