



SAKTHI FOUNDATION - Uni5 EDUCATION

Topic: How to be happy in life? - Mahakavi Subramanya
Bharathiyar [Translated article]

**"தூங்கையில் வாங்குகிற மூச்சு - அது
சுழி மாறிப் போனாலும் போச்சு!"**

"The breathing which is going inside the body will be deviated from us while sleeping, be aware that is life"

Sang a beggar before my house few days before. I was shocked to think about the truth of this life. It made me to think deeply about human life. What it is? This life is uncertain. It is doubtful! How can we start a good great long task and achieve it? The primordial universal truth as God has given us knowledge. Wisdom is the other form of that truth. It likes the bliss forever. There is an earth which is very beautiful and blissful. It is forever. This world is out of any worries. We are like the smallest particle of an atom living upon the Earth.

There are infinite such celestial bodies in this space. We can realize their nature through our knowledge. So everywhere there is only beauty and bliss. The sky looks like the screen for our Earth. All mountains, rivers and seas are the various creations of Sun light!

There is only happiness and sad in all objects for us. But we must clear away the worries and see only the happiness of life. For this we need to be wise and aware.

Water gives us happy when we drink that and take bath. Similarly fire makes us warm and happy when we use it for winter. By looking a glowing fire mind feels happy.

Breeze makes our body happy! Our breathing makes everyone survive!

When we connect our self with all beings it gives us happiness!

If man lives with unconditional love he can enjoy the wood touch of real happiness!

Eating good food, sleeping, dancing, learning, listening, singing, thinking, knowing new things all are various actions of bliss.



But it is not possible for man to get rid of his worries...why?

All the happiness is merged with worries. Use the axe of awareness to chop the roots of worries and enjoy the happiness of your actions. That is our ambition. But to be aware it is very difficult. After troubling us with hard lessons only we are able to understand few facts about

our life. But we are going on erecting huge castles of dreams in our life. No harm in that...

But be aware and have courage in life to perform your actions. We must make everyone in this Earth to be happy! For that we need to be educated with great spiritual values, we need to plan and work for a long time, success cannot be attained immediately.

Illiterate cannot become an educated one soon. He needs time. Similarly a poor must work hard to become rich. Do not be time constrained and hurry up yourself to achieve the task in illegal ways. [This is the trend of present people's mentality] Try to be more aware about the task and keep on working. So we have to wait for the happiness.

But the beggar's song is like an alarm!

What can we do if we die soon?

How can we do the above things?

Do not worry about it!

Take care of your health - mental and physical health has to be cared!

"I will die only after finishing my task!" this can be your slogan for your own atman.

I am sure that we cannot die till us achieve our tasks which are selfless and only actions of dharma.

[Barathiyar is not supporting silly selfish dreams and tasks]

On Sakthi!"